



CHRISTY ROBBINS, DIRECTOR & INTERIM PROGRAM DIRECTOR
ACTIVITY ASSISTANTS: AMANDA C. AND PAULINA K.

FEBRUARY 2025

WE WELCOME YOUR INPUT!
PLEASE SEE ANY MEMBER OF THE ACTIVITY TEAM WITH YOUR IDEAS FOR PROGRAMMING!

S A T U R D A Y

	1
9:30 EXERCISE WITH BETTY	LE
10:15 GAME: SCATTERGORIES	LE
2PM BINGO!	DR
3:15 HAPPY HOUR: "FINISH THE SLOGAN"	C

S U N D A Y

M O N D A Y

T U E S D A Y

W E D N E S D A Y

T H U R S D A Y

F R I D A Y

HAPPY GROUNDHOG DAY!	2
9:30 MORNING EXERCISE	LE
10:15 HAND MASSAGES AND MANICURES	LE
2PM MOVIE: GROUNDHOG DAY SNACKS & DRINKS SERVED	DR

9:30 EXERCISE WITH BETTY	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
2PM GUESS THE SCENT GAME	LE
3PM COMMUNION WITH SR. MARILYN	CH
3:15 GREEN BALL HOCKEY	LE

9:30 DUMBBELL EXERCISE	LE
10:00 COMMUNION SERVICE	CH
10:15 COOKING CLUB: MINI HEART SHAPED PIZZAS	CR
2PM CRAFT: V-DAY CARDS	LE
3:15 MARTY GITLIN PRESENTS: THE BRITISH INVASION & AMERICAN ANSWER	DR

9:15 TRIP: MARKET BASKET	L
9:30 MORNING EXERCISE	LE
10:15 RESIDENT LED: LEFT-RIGHT-CENTER GAME	LE
2PM SPELLING BEE CHALLENGE	LE
3:15 BOWLING TO THE OLDIES	LE

HAPPY MASSACHUSETTS DAY!	6
9:30 MORNING EXERCISE	LE
10:15 TRIP: ELIZABETH'S CLOSET	L
10:15 B-DAY CARD CLUB	LE
2PM PAINT BY NUMBER: HEART SHAPED MANDALA	LE
3:15 JEOPARDY WITH CHRISTY! MASSACHUSETTS THEMED	LE

NATIONAL WEAR RED DAY!	7
9:30 MORNING EXERCISE	LE
10:15 CRAFT: VALENTINE'S DAY CENTERPIECES	LE
2PM CRANIUM CRUNCHES	LE
3:15 SAAB SHOPPE DOORS ARE OPEN!	LE

9:30 EXERCISE WITH BETTY	LE
10:15 GAME: HIGHER OR LOWER	LE
2PM BINGO!	DR
3:15 HAPPY HOUR: "NAME THAT TUNE"	C

SUPERBOWL SUNDAY!	9
9:30 MORNING EXERCISE	LE
10:15 HAND MASSAGES & MANICURES	LE
2PM SUNDAY SOCIAL: BULLSEYE TARGET GAME	C
3:15 SPECIAL SUPER BOWL BINGO!	DR

DIFFERENCE IS LOVE WEEK BEGINS	10
9:30 MORNING EXERCISE	LE
10:15 PASS THE LOVE GAME	C
1:30 TRIP TO MASS	L
3PM COMMUNION W/ SR. MARILYN	CH
3PM LOWELL SENIOR CENTER SINGERS PERFORMANCE	DR

7:30 ONE SEATING FOR BREAKFAST	11
10:30 ANNUAL HOLIDAY BRUNCH	DR
2PM BALANCE & AGILITY	C
3PM MEN'S GROUP	CR
3:15 RESIDENT MEETING WITH ACTIVITIES	LE

9:15 TRIP: DOLLAR TREE	L
9:15 CHAIR YOGA	LE
10:15 LOVE SONG SING ALONG	LE
2PM CUPID'S COCKTAIL HOUR WITH MARK STANZLER	DR
3:15 GAME: FRIENDLY FEUD VALENTINE'S EDITION	LE

NATIONAL SELF LOVE DAY!	13
9:30 MORNING EXERCISE	LE
10:00 GIANT CROSSWORD	LE
10:15 TRIP: BACH LUNCH SERIES "A STRING QUARTET"	L
2PM PAMPERING PARTY	LE
3:15 VIRTUAL TRAVEL "CITY OF LOVE" PARIS!	LE

HAPPY VALENTINE'S DAY!	14
10:30 BILL AND BARBARA'S MOCKREMONY	C
NOON RECEPTION: ONE SEATING WITH LIVE ENTERTAINMENT!	DR
2PM CHOCOLATE FOUNTAIN OF LOVE AFTER PARTY	PL
3:15 AFTERNOON EXERCISE!	LE

SNACK FOOD SATURDAY!	15
9:30 EXERCISE WITH BETTY	LE
10:15 GAME: MY 2 CENTS	LE
2PM BINGO!	DR
3:15 HAPPY HOUR: TASTE TESTING INTERNATIONAL SNACKS!	C

9:30 MORNING EXERCISE	LE
10:15 HAND MASSAGES & MANICURES	LE
2PM SUNDAY SOCIAL: INDOOR HORSESHOE GAME	C
3:15 BRAIN GAMES: FEBRUARY WORD PUZZLES	C

PRESIDENT'S DAY	17
9:30 EXERCISE WITH BETTY	LE
10:15 GIANT CROSSWORD	LE
2PM SCRABBLE CLUB	C
2PM GAME: LET'S PLAY UNO!	LE
3:15 TRIVIA: TEST YOUR PRESIDENTIAL KNOWLEDGE!	LE

9:30 DUMBBELL EXERCISE	LE
10:15 COOKING CLUB: LOVE POTION SMOOTHIES	CR
1:30 TRIP TO MASS	L
2PM GAME: BUFFALO NICKELS	C
3PM COMMUNION WITH SR. MARILYN	CH
3:15 WENDEE GLICK PERFORMS	L

9:15 TRIP: WALMART	L
9:30 MORNING EXERCISE	LE
10:15 JOGGIN YOUR NOGGIN	LE
2PM CRAFT: LARGE BEAD JEWELRY MAKING	LE
3:15 RESIDENTS ONLY MEETING	LE

HAPPY BIRTHDAY ELLEN C.!	20
9:30 MORNING EXERCISE	LE
10:15 BINGO!	LE
2PM PAINT & SIP WITH PAULINA: ESCAPE TO LOVE ISLAND	LE
3:15 SCRAMBLE CLUB	C

9:30 MORNING EXERCISE	LE
10:15 CRAFT: MAKE YOUR OWN LOVE BEAR	LE
2PM GAME: GIANT JENGA!	LE
3:15 SAAB SHOPPE DOORS ARE OPEN!	LE

FEMALE LEADING JOCKEY DAY (OBSERVED ON 2/28/25)	22
9:30 EXERCISE WITH BETTY	LE
10:15 SCATTERGORIES	LE
2PM BINGO!	DR
3:15 HAPPY HOUR: EVERYDAY LIFE TRIVIA	C

PLAY TENNIS DAY!	23
9:30 MORNING EXERCISE	LE
10:15 HAND MASSAGES & MANICURES	LE
2PM SUNDAY SOCIAL: LADDERBALL COMPETITION	C
3:15 TABLE TENNIS COMPETITION	C

9:30 MORNING EXERCISE	LE
10:15 GIANT CROSSWORD	LE
1:30 TRIP TO MASS	L
2:30 GOLDEN RETRIEVER VISITS WITH JEFF	C
3PM COMMUNION W/ SR. MARILYN	CH

HAPPY BIRTHDAY SR. MARILYN	25
9:30 DUMBBELL EXERCISE	LE
10:15 COOKING CLUB: CHEBAB PANCAKES	CR
1:30 TRIP: ECUMENICAL SERVICE	L
2PM BALANCE & AGILITY	C
3PM MEN'S GROUP	CR
3:15 WHEEL OF FORTUNE	LE

OLD WEST DAY!	26
9:30 MORNING EXERCISE	LE
10:15 NAME THAT TUNE	LE
10:30 TRIP: LONGHORN STEAKHSE	L
2PM WILD WEST AFTERNOON: TASTE A COWBOY TRIFLE, LEARN ABOUT BUFFALO BILL & YOUR WESTERN NICKNAME	LE

9:30 MORNING EXERCISE	LE
10:15 GIANT CROSSWORD	LE
2PM RESIDENT COUNCIL	DR
3:15 COME AND LEARN TO PLAY SCRABBLE!	C

9:30 MORNING EXERCISE	LE
10:15 ADULT LEARNING: WHAT IS RAMADAN?	LE
2PM HORSERACING AND FEMALE LEADING LADIES	PL
3:15 TECH CORNER: HOW TO USE GOOGLE SAFELY	C

LOCATION KEY: LE = LIFE ENRICHMENT ROOM PL = PAWTUCKET LANE C = CAFE DR = DINING ROOM CR = COMMUNITY ROOM L = LOBBY CH = CHAPEL
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