



CHRISTY ROBBINS, DIRECTOR & INTERIM PROGRAM DIRECTOR
ACTIVITY ASSISTANTS: AMANDA C. AND PAULINA K.

FEBRUARY 2025

WE WELCOME YOUR INPUT!
 PLEASE SEE ANY MEMBER OF THE ACTIVITY TEAM WITH YOUR IDEAS FOR PROGRAMMING!

S A T U R D A Y

1
 9:30 EXERCISE!
 10AM DAILY CHRONICLE NEWS
 10:30 FINISH THE LINE: CANDY PHRASES
 11AM ROSARY ON TV
 11:30 WHAT'S IN THE BAG?
 1PM WALKING CLUB
 2PM BINGO! ON TRADITIONAL
 3:15 FLUFF AND FOLD
 4:15 MIND JOGGERS CIRCLE

S U N D A Y

M O N D A Y

T U E S D A Y

W E D N E S D A Y

T H U R S D A Y

F R I D A Y

HAPPY GROUNDHOG DAY! 2
 9:30 EXERCISE!
 10AM DAILY CHRONICLE NEWS
 10:30 GAME: NAME 5
 11AM SUNDAY MASS ON TV
 1PM WALKING CLUB
 2PM MOVIE SHOWING: "GROUNDHOG DAY" WITH BILL MURRAY, DRINKS AND SNACKS SERVED
 4:15 PUZZLES AND PONDERINGS

3
 9:30 EXERCISE!
 10AM COFFEE CLUB & CURRENT EVENTS
 11AM GREEN BALL HOCKEY
 1:30 TRIP: MASS AT DSC CHAPEL
 3:15 GUESS THE SCENT GAME!
 4:15 ART SESSION: CLASSICAL MUSIC & COMFY PATTERNS
 WHAT WILL YOU CREATE?

4
 9:30 EXERCISE WITH DUMBBELLS
 10AM COMMUNION IN THE CHAPEL
 10:30 CONVERSATION BOWL
 11AM CRAFT: HEART ORNAMENTS
 1PM WALKING CLUB
 2PM BALANCE & AGILITY CLASS
 3:15 MARTY GITLIN PRESENTS: ON TRAD THE BRITISH INVASION & THE AMERICAN ANSWER: A MUSICAL JOURNEY!

5
 9:30 DAILY CHRONICLE NEWS
 10AM COLLAGE DETECTIVE: SWEETHEART
 11AM CHAIR YOGA WITH MARCELLE
 1PM WALKING CLUB
 2PM CORNHOLE COMPETITION
 3:15 STITCH UP: FEBRUARY EDITION
 4:15 TV TIME REWIND: I LOVE LUCY

HAPPY MASSACHUSETTS DAY! 6
 9:30 EXERCISE WITH GREEN BALLS
 10AM DAILY CHRONICLE NEWS
 11AM FRIENDLY DARTS GAME
 1PM WALKING CLUB
 2PM SMOOTHIES IN THE KITCHEN: PEANUT BUTTER BANANA
 3:15 JEOPARDY: MASSACHUSETTS EDITION
 4:15 SING-ALONG WITH ELDESONG

NATIONAL WEAR RED DAY! 7
 9:30 EXERCISE!
 10AM COFFEE CLUB & CURRENT EVENTS
 10:30 REMEMBERING GOING TO THE MOVIES SLIDESHOW
 11AM BALLOON VOLLEYBALL GAME
 11:30 COOL DOWN EXERCISE
 1PM WALKING CLUB
 2PM BIRTHDAY CARD CLUB
 3:15 DISCUSSION: HEART MONTH
 4:15 MOVIE: IRENE'S CHOICE

8
 9:30 EXERCISE: STRETCHES
 10AM DAILY CHRONICLE NEWS
 10:30 FEBRUARY GAZETTE DISCUSSION
 11AM ROSARY ON TV
 11:30 GAME: FRIENDLY FEUD
 1PM WALKING CLUB
 2PM BINGO! ON TRADITIONAL
 3:15 WORD MINING ON THE WHITEBOARD
 4:15 MIND JOGGERS CIRCLE

SUPERBOWL SUNDAY! 9
 9:30 EXERCISE: STRONG ABS
 10AM DAILY CHRONICLE NEWS
 10:30 CHICKEN SOUP FOR THE SOUL
 11AM SUNDAY MASS ON TV
 1PM WALKING CLUB
 2PM GAME: HORSESHOES
 3:15 HAND MASSAGES & MANICURES
 4:15 REMINISCE MAGAZINES CHAT

DIFFERENCE IS LOVE WEEK BEGINS! 10
 9:30 MORNING EXERCISES
 10AM COFFEE CLUB & CURRENT EVENTS
 11AM GREEN BALL HOCKEY
 1:30 TRIP: MASS AT DSC CHAPEL
 2:30 "SENSE" ANATIONAL CANDY SORTING
 3:00 LOWELL SENIOR CENTER SINGERS PERFORM ON TRADITIONAL
 4:15 FLUFF AND FOLD

11
 9:30 MORNING EXERCISE
 10AM DAILY CHRONICLE NEWS
 10:30 ANNUAL HOLIDAY BRUNCH: VISITS,
 11AM PHOTOS, ICED COFFEE BAR,
 11:30 MIMOSAS AND MEMORIES!
 1PM WALKING CLUB
 2PM MAKING VALENTINE'S DAY SUGAR COOKIES
 4:15 REMINISCING: BABY DOLLS

12
 9:30 EXERCISE: WITH MUSIC!
 10AM DAILY CHRONICLE NEWS
 10:30 BOWLING TO THE OLDIES
 11AM FEBRUARY EZ RANDOM TRIVIA
 1PM WALKING CLUB
 2PM CUPID'S COCKTAIL HOUR WITH MARK STANZLER
 3:15 GUESS IN 10: AROUND THE TOWN
 4:15 GETTING TO KNOW YOU DISCUSSION

NATIONAL SELF LOVE DAY! 13
 9:30 DUMBBELL EXERCISES
 10AM TRIP: BACH LUNCH SERIES "A STRING QUARTET"
 10:30 GAME: Pictionary!
 1PM SMOOTHIE SOCIAL: GREEK YOGURT BOOST WITH FRUIT
 2PM FINISH THE SLOGAN
 3:15 SING-ALONG: LOVE SONGS
 4:15 WALKING CLUB

HAPPY VALENTINE'S DAY! 14
 9:30 EXERCISE!
 10AM DAILY CHRONICLE NEWS
 10:30 BARBARA AND BILL'S "MOCK" REMONY
 NOON RECEPTION WITH LIVE MUSIC!
 2PM CHOCOLATE FOUNTAIN OF LOVE AFTER PARTY
 4:15 RICK STEVES: PARIS TRAVELOGUE

SNACK FOOD SATURDAY! 15
 9:30 EXERCISE: STRONG ABS
 10AM DAILY CHRONICLE NEWS
 10:30 FINISH THE LINE
 11AM ROSARY ON TV
 11:30 WHAT'S IN THE BAG?
 1PM WALKING CLUB
 2PM BINGO! ON TRADITIONAL
 3:15 JOGGIN' YOUR NOGGIN'
 4:15 MOVIE: BILL'S CHOICE

16
 9:30 EXERCISE: LET'S STRETCH
 10AM DAILY CHRONICLE NEWS
 10:30 CATEGORIES ON THE WHITEBOARD
 11AM SUNDAY MASS ON TV
 1PM WALKING CLUB
 2PM GAME: BULLSEYE TARGET
 3:15 HAND MASSAGES & MANICURES
 4:15 CLIPPING COUPONS FOR TROOPS

PRESIDENT'S DAY 17
 9:30 EXERCISE!
 10AM COFFEE CLUB & CURRENT EVENTS
 10:30 WHITE HOUSE TOUR WITH JACKIE KENNEDY ON YOUTUBE
 11AM POOL NOODLE VOLLEYBALL
 1PM WALKING CLUB
 2PM FEBRUARY PUZZLES
 3:15 GUESS THE SCENT: FRUIT THEMED
 4:15 PRESIDENTIAL TRIVIA

18
 9:30 DUMBBELL EXERCISES
 10AM DAILY CHRONICLE NEWS
 10:30 GAME: RHYMING WORDS
 11AM CRAFT: STAINED GLASS ART
 1:30 TRIP TO MASS AT DSC CHAPEL
 2PM BALANCE & AGILITY CLASS
 3:15 HAPPY BIRTHDAY VANNA WHITE! WHEEL OF FORTUNE ON YOUTUBE
 4:15 FUNNY BONES GROUP CHAT

19
 9:30 EXERCISE: BALANCE
 10AM DAILY CHRONICLE NEWS
 10:30 CONVERSATION BALL TOSS
 11AM CHAIR YOGA WITH MARCELLE
 1PM WALKING CLUB
 2PM GAME: GIANT JENGA
 3:15 REMINISCING: CRACKERJACKS
 4:15 MOVIE: ELLIE'S CHOICE

HAPPY BIRTHDAY ELLEN C.! 20
 9:30 DUMBBELL EXERCISES
 10AM COUNTRY DRIVE: WINTER SCENES
 11:30 CHERRY PIE DAY TRIVIA AND DISCUSSION
 1PM DAILY CHRONICLE NEWS
 2:30 SMOOTHIE SOCIAL: CHOCOLATE ALMOND DELIGHT
 3:15 SING-ALONG W/ SUSIE Q
 4:15 WALKING CLUB

21
 9:30 EXERCISE!
 10AM COFFEE CLUB & CURRENT EVENTS
 10:30 FINISH THE SONG LYRIC
 11AM NATURE CONNECTION VISITS!
 1PM WALKING CLUB
 2PM MATINEE MOVIE: SHIRLEY TEMPLE
 4:15 FLUFF AND FOLD

22
 9:30 EXERCISE!
 10AM DAILY CHRONICLE NEWS
 10:30 GAME: HORSERACING
 11AM ROSARY ON TV
 11:30 BOWLING TO THE OLDIES
 1PM WALKING CLUB
 2PM BINGO! ON TRADITIONAL
 3:15 JOGGIN' YOUR NOGGIN'
 4:15 CHICKEN SOUP FOR THE SOUL

PLAY TENNIS DAY! 23
 9:30 EXERCISE: STRENGTH TRAINING
 10AM DAILY CHRONICLE NEWS
 10:30 CANDY DICE GAME
 11AM SUNDAY MASS ON TV
 1PM WALKING CLUB
 2PM LADDERBALL COMPETITION
 3:15 HAND MASSAGES & MANICURES
 4:15 REMINISCE MAGAZINES: REMEMBER WHEN?

24
 9:30 EXERCISE!
 10AM COFFEE CLUB & CURRENT EVENTS
 10:30 GREEN BALL HOCKEY
 11AM GAME: LEFT, RIGHT, CENTER
 1PM TRIP TO MASS AT DSC CHAPEL
 2:30 GOLDEN RETRIEVER VISITS WITH JEFF
 3:15 BEAD SORTING
 4:15 ADULT COLORING: ABSTRACT PRINTS

25
 9:30 DUMBBELL EXERCISES
 10AM DAILY CHRONICLE NEWS
 10:30 GAME: NAME 5
 11AM LARGE BEAD JEWELRY MAKING
 1PM MAKING MARCH CENTERPIECES
 3:15 CHOCOLATE COVERED NUTS DAY: LET'S TASTE TEST!
 4:15 FUNNY BONES CIRCLE

OLD WEST DAY! 26
 9:30 EXERCISE: BANDANAS
 10AM DAILY CHRONICLE NEWS
 10:30 OLD WEST HISTORY
 11AM WALKING CLUB
 11:30 GAME: THINK QUICK!
 1PM BUFFALO BILL'S HISTORY
 2PM WESTERN MOVIE MATINEE WITH SNACKS AND DRINKS!
 4:15 DISCUSSION: GETTING TO KNOW YOU

27
 9:30 DUMBBELL EXERCISES
 10AM COUNTRY DRIVE: TYNGSBORO
 11AM MAGAZINE SCAVENGER HUNT
 1PM SMOOTHIE SOCIAL: OATMEAL ENERGY
 2PM DIY: PERSONAL COASTERS
 3:15 SING A LONG WITH ELDESONG
 4:15 WALKING CLUB

RAMADAN BEGINS 28
 9:30 EXERCISE: STRONG CORE!
 10AM COFFEE CLUB & CURRENT EVENTS
 10:30 ST. PATRICK'S DAY DOOR DECORATIONS
 1PM WALKING CLUB
 2PM DISCUSSION: WHAT IS RAMADAN?
 3:15 ADULT COLORING: RAMADAN LANTERNS
 4:15 FLUFF AND FOLD

REFRESHMENTS ARE SERVED DAILY ONCE IN THE MORNING AND ONCE IN THE AFTERNOON.
 ALL PAWTUCKET LANE RESIDENTS ARE WELCOME TO ATTEND TRADITIONAL ACTIVITIES ACCOMPANIED BY A STAFF MEMBER WHEN APPLICABLE OR WITH A FAMILY MEMBER.