

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 PowerUp Exercises 1 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Tree Trimming Social: <i>Eggnog & Cookies with friends</i> Advent Begins	9:30 PowerUp Exercises 2 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Hand Massages/Manicures 1:00 Tree Decorating 2:00 Advent Service for All Faiths over on Traditional 3:15 Birthday Card Club on Traditional	9:30 PowerUp Exercises 3 10:00 Communion in the Chapel 10:30 Morning Refreshments 11:00 Bulletin Board Refresh 1:00 Country Scenic Drive 2:00 Healthy Eats: Banana Santa Snacks 3:30 Tree Decorating 4:15 December Monthly Gazette	9:30 PowerUp Exercises 4 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Doll Therapy Visits 1:00 Indoor Walking Club 2:00 Winter Wonderland Tea Party over on Traditional 3:15 Tree Decorating 4:15 TV Classics: Lawrence Welk	9:30 PowerUp Exercises 5 10:00 Daily Delights Circle 10:30 BINGO & Refreshments 1:30 Bus Trip to Mass 3:15 Afternoon Refreshments 4:15 One-Seating Dinner 5:00 Tree Lighting Ceremony	9:30 PowerUp Exercises 6 10:15 Craft Club with Billy over on Traditional: Making DIY Vintage Ornaments 1:00 Indoor Walking Club 2:00 Volleyball Toss 3:15 Afternoon Refreshments 4:15 Sing-Along w/ Susie Q!	9:30 PowerUp Exercises 7 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary on TV 1:00 Indoor Walking Club 2:00 Darts Game 3:15 Afternoon Refreshments 4:15 Mind Joggers
9:30 PowerUp Exercises 8 10:00 Michelle Dalton's Dancers Perform on over on Traditional 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Hand Massages & Manicures 3:15 Cornhole Competition 4:15 Word Searches & Puzzles	9:30 PowerUp Exercises 9 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Shell Angel Decorations 1:00 Indoor Walking Club 2:00 Making Bird Seed Wreaths 3:15 Matching Card Games 4:15 Short Stories Club	9:30 PowerUP Exercises 10 10:15 Scenic Country Drive 1:00 Indoor Walking Club 2:00 Balance & Agility Class 3:15 Finishing Words Social and Afternoon Refreshments 4:30 Church Carolers Perform 7:00 Dracut Community Chorus Performs over on Traditional	9:30 Long Word, Short Word 11 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Chair Yoga w/ Marcelle 1:00 Indoor Walking Club 2:00 December Birthday Bash ft. Joey BBop 3:15 Matching Card Games 4:15 TV Classics: Bing Crosby	9:30 PowerUp Exercises 12 10:00 Daily Delights Circle 10:30 Santa Visits The Saab over on Traditional 1:30 Bus Trip to Mass 3:15 BINGO & Refreshments 6:15 Merrimack Valley Chorus Performs at DSC Chapel	9:30 PowerUp Exercises 13 10:15 Craft Club with Billy over on Traditional: Making Gingerbread Houses 1:00 Indoor Walking Club 2:00 Afternoon Movie w/ Friends: <i>"National Lampoon's Christmas Vacation" (90min)</i> 4:15 Long Word, Short Word	9:30 PowerUp Exercises 14 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary on TV 1:00 Indoor Walking Club 2:00 Green Ball Hockey 3:15 Happy Hour & Trivia on Traditional 4:15 Finishing Lyrics
9:30 PowerUp Exercises 15 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Hand Massages & Manicures 3:15 Beachball Volleyball Toss 4:15 Word Searches & Puzzles	9:30 PowerUp Exercises 16 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Doll Therapy Visits 1:00 Indoor Walking Club 2:00 Joe Malone Presents over on Traditional: <i>Bing Crosby</i> 3:15 Afternoon Refreshments 4:15 Friendly Darts Game	9:30 PowerUp Exercises 17 10:00 Communion in the Chapel 10:30 Morning Refreshments 11:00 Everyday Life Trivia 1:00 Country Scenic Drive 2:00 Marshmallow Snowflakes 3:15 Afternoon Refreshments 4:00 Crossword Sing-Along	9:30 PowerUp Exercises 18 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Christmas Time Poems 1:00 Indoor Walking Club 2:00 Musical Entertainment ft. Wendee Glick over on Traditional 3:15 Afternoon Refreshments 4:15 Sing-Along w/ Susie Q!	* No AM Activities * 19 10:30 Annual Holiday Brunch over on Traditional 1:30 Bus Trip to Mass 2:30 Afternoon Refreshments 3:15 The Price is Right, - Christmas Edition - 4:15 Sing-Along w/ Susie Q!	9:30 PowerUp Exercises 20 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Nature Connection Visits! 1:00 Indoor Walking Club 2:00 Ceramic Nutcracker Craft 3:15 Afternoon Refreshments 4:15 Crossword Sing-Along	9:30 PowerUp Exercises 21 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary on TV 1:00 Indoor Walking Club 2:00 Christmas Scattergories 3:15 Afternoon Refreshments 4:00 Long Word, Short Word Winter Begins
9:30 PowerUp Exercises 22 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Hand Massages & Manicures 3:15 Christmas Time Sing-Along 4:15 Snowball Bucket Toss	9:30 PowerUp Exercises 23 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Knock 'em Down Game 1:00 Indoor Walking Club 2:00 Afternoon Refreshments 2:30 Jeff Cohen Visits with Myles, the Golden Retriever 4:15 Short Stories Club	9:30 PowerUP Exercises 24 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 5 Second Game, - Christmas Edition - 1:00 Indoor Walking Club 2:00 Painting Vintage Art 3:15 Afternoon Refreshments 4:15 Who Am I? Guessing Game	9:30 Daily Delights Circle 25 10:00 PowerUp Exercises 10:30 Morning Refreshments 11:00 Long Word, Short Word 1:30 Indoor Walking Club 2:00 Movie Matinee on Trad: <i>"Miracle on 34th Street" (1947)</i> Hanukkah Begins Christmas	9:30 PowerUp Exercises 26 10:00 Daily Delights Circle 10:30 BINGO & Refreshments 1:30 Bus Trip to Mass 3:15 Afternoon Refreshments 4:15 Vintage Sticker Art	9:30 PowerUp Exercises 27 10:15 Craft Club with Billy over on Traditional: New Years Centerpieces 1:00 Indoor Walking Club 2:00 Afternoon Movie w/ Friends: <i>"Its A Wonderful Life" (120min)</i> 4:00 Beach Ball Volleyball Toss	9:30 PowerUp Exercises 28 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Rosary on TV 1:00 Indoor Walking Club 2:00 5 Second Game 3:15 Happy Hour & Trivia on Traditional 4:15 Crossword Sing-Along
9:30 PowerUp Exercises 29 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Sunday Mass on TV 1:00 Indoor Walking Workout 2:00 Hand Massages & Manicures 3:15 BOGGLE & Snacks 4:15 Short Stories Club	9:30 PowerUp Exercises 30 10:00 Daily Delights Circle 10:30 Morning Refreshments 11:00 Resident Council Meeting 1:00 Indoor Walking Workout 2:00 Short Story Club 3:15 Movie Matinee & Snacks: <i>"An Affair to Remember" (1957)</i>	9:30 PowerUP Exercises 31 10:15 Prop-Tastic Photo Booth-L 12:00 Happy New Year Toast Celebration over on Traditional 1:00 Indoor Walking Club 2:00 Dennis The Magician Performs over on Traditional 4:15 Funny Bones New Year's Eve				