
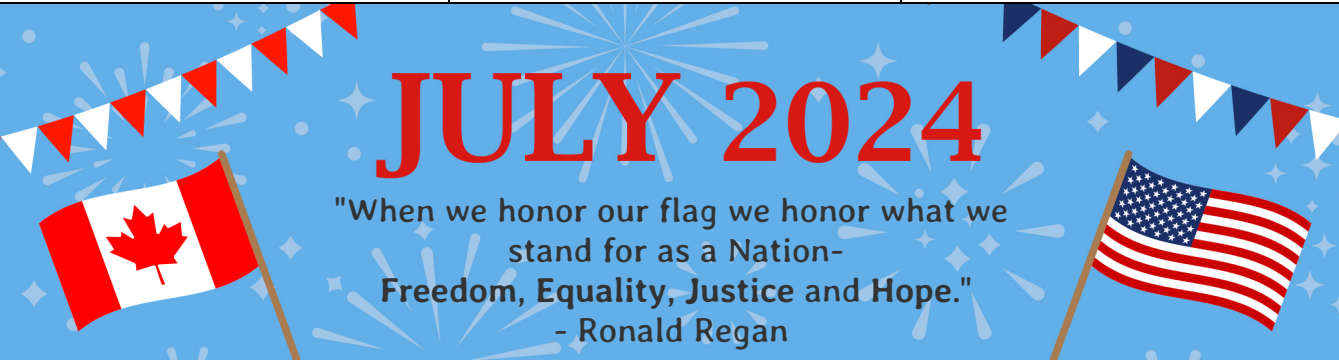


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>July Birthdays</b></p> <p>Mary R. 07/04 George S. 07/19 Janet K. 07/20</p> 	<p>9:30 Exercises with Laura LE <b>1</b> 10:15 Cranium Crunches LE <i>Concentration Puzzles</i> 1:30 Outdoor Walking Club L 2:00 Birthday Card Club LE 2:00 Scrabble Time in the Cafe 3:15 Celebrate Canada! LE <i>Great Canadian Artists</i></p> <p>Canada Day</p>	<p>9:30 Dumbbell Exercises LE <b>2</b> with Amanda 10:00 Communion Services in CH the Chapel with Steve or Debbie 10:15 Cooking Club with Amanda CR <i>July Fourth Cheesecake</i> 2:00 Balance &amp; Agility Class C 3:15 Saab Cinema Viewing: DR <i>"The Chosen" Series with Sr. Marilyn</i></p>	<p>9:15 Bus Trip to Market Basket L <b>3</b> 9:15 Morning Exercises LE <i>Chair Yoga with Instructor Marcelle</i> 10:15 EZ Does It Activity LE <i>"Summer Days: Five Clue What Is It?"</i> 2:00 Bowling to the Oldies LE 3:15 Courtyard Reminiscing &amp; Snacks</p>	<p>9:30 Morning Exercises LE <b>4</b> with Amanda 10:15 Gardening Club with Amanda LE 2:00 <i>Fourth of July Party!</i> 3:15 Cranium Crunches LE <i>Fourth of July Riddle Jumble</i></p> <p>Independence Day (US) Happy Birthday, Mary R!</p>	<p>9:30 Morning Exercises LE <b>5</b> with Amanda 10:15 Art Therapy with Billy LE <i>Olympic-inspired floral arrangements</i> 1:30 Outdoor Walking Club L 2:00 Cranium Crunches LE <i>Logical Summer Barbecue Activity</i> 3:15 Tech Corner with Laura LE</p>	<p>9:30 Morning Exercises with Betty LE <b>6</b> 10:15 List it or Leave it Game LE 2:00 BINGO! DR 3:15 Trivia Social Hour LE <i>July EZ Category Trivia</i></p>	
	<p>9:30 Morning Exercises LE <b>7</b> 10:15 Hand Massages &amp; Manicures LE 2:00 Sunday Funday Social: LE <i>Ladderball Competition</i> 3:15 Lifelong Learning Puzzles: LE <i>Discovering Fragrances</i></p> <p><i>*Join us for a toast &amp; viewing of Christy's Wedding from Las Vegas at 11:00am in the Dining Room! Congratulations Christy!!</i></p>	<p>9:30 Morning Exercises with Betty LE <b>8</b> 10:30 "Spot the Scam" Presentation LE with Maria from Jean D'Arc Bank 1:30 Outdoor Walking Club L 2:00 Giant Crossword Puzzles LE 2:00 Scrabble Time in the Cafe 3:15 Table Top Games: LE <i>No-Air Air Hockey</i></p>	<p>9:30 Dumbbell Exercises LE <b>9</b> with Amanda 10:15 Cooking Club with Amanda CR <i>Chicken Slaw Sliders</i> 2:00 Travel Time Video &amp; Snacks LE <i>Summer in Paris</i> 3:00 Men's Group with Mike CR 3:15 Saab Cinema Viewing: DR <i>"The Chosen" Series with Sr. Marilyn</i></p>	<p>9:15 Bus Trip to Dollar Tree L <b>10</b> 9:30 Resident Led Exercises LE 10:15 Wheel of Fortune! LE 2:00 Joe Malone Presents! DR <i>"George M. Cohen"</i> 3:15 Courtyard Reminiscing &amp; Snacks 6:00 Summer Concert Series!! L <i>"Two For the Show" Ft. Ed Dorazio &amp; Peter Previte</i></p>	<p>9:30 Morning Exercises LE <b>11</b> with Amanda 10:15 Gardening Club with Amanda LE 1:30 Bus to Mass L 2:00 Art Therapy &amp; Music LE 3:15 Holy Communion with CH Sr. Marilyn</p>	<p>9:30 Morning Exercises LE <b>12</b> with Laura 10:15 Art Therapy with Billy LE <i>Chalk Pastel Fireworks</i> 1:30 July Social Hour with DJ Joey B-Bop on Pawtucket Lane 3:15 Tech Corner with Laura LE</p>	<p>9:30 Morning Exercises with Betty LE <b>13</b> 10:15 Friendly Darts Game LE 2:00 BINGO! DR 3:15 Trivia Social LE <i>Testing your French Trivia Knowledge</i></p>
	<p>9:30 Morning Exercises LE <b>14</b> 10:15 Hand Massages &amp; Manicures LE 2:00 Sunday Funday Social: LE <i>Ring Toss Games</i> 3:15 Word Searches &amp; Puzzles: LE <i>Famous July Birthdays</i></p>	<p>9:15 Bus Trip to Walmart LE <b>15</b> 9:30 Morning Exercises with Betty LE 10:15 Cranium Crunches LE <i>July Wacky Wordies</i> 1:30 Outdoor Walking Club L 2:00 Resident Meeting with LE Activities 2:00 Scrabble Time in the Cafe 3:15 Giant Crossword Puzzle LE</p>	<p>9:30 Dumbbell Exercises LE <b>16</b> with Amanda 10:00 Communion Services in CH the Chapel with Steve or Debbie 10:15 Cooking Club with Amanda CR <i>Limbar Pops</i> 2:00 Balance &amp; Agility Class C 3:15 Saab Cinema Viewing: DR <i>"The Chosen" Series with Sr. Marilyn</i></p>	<p>9:15 Morning Exercises LE <b>17</b> <i>Chair Yoga with Instructor Marcelle</i> 10:15 Beach Restaurant Trip L to Markey's Lobster Pound 10:15 Resident Led Uno Challenge LE 2:00 July Birthday Social with Mark Stanzler on <i>Pawtucket Lane</i> 3:15 What Am I? Mystery Program LE 6:00 Summer Concert Series!! L <i>Wendee Glick &amp; Friends</i></p>	<p>9:30 Morning Exercises LE <b>18</b> with Amanda 10:15 Gardening Club with Amanda LE 1:30 Bus to Mass L 2:00 Art Therapy &amp; Music LE 3:15 Holy Communion with CH Sr. Marilyn</p>	<p>9:30 Morning Exercises LE <b>19</b> with Amanda 10:15 Art Therapy with Billy LE <i>Straw Star Door Decor</i> 1:30 Outdoor Walking Club L 2:00 Parisian Cafe Party! C 3:15 Tech Corner with Laura LE</p> <p>Happy Birthday, George S!</p>	<p>9:30 Morning Exercises with Betty LE <b>20</b> 10:15 Scattergories LE 2:00 BINGO! DR 3:15 Trivia Social LE <i>Red, White &amp; Blue Quiz</i></p> <p>Happy Birthday, Janet K!</p>
	<p>9:30 Morning Exercises LE <b>21</b> 10:15 Hand Massages &amp; Manicures LE 2:00 Sunday Funday Social: LE <i>The Sport of Kings!</i> <i>A Horse-Racing Game</i> 3:15 Word Searches &amp; Puzzles: LE <i>Matching Torch Medals</i></p>	<p>9:30 Morning Exercises with Betty LE <b>22</b> 10:15 Giant Crossword Puzzles LE 1:30 Outdoor Walking Club L 2:00 Table Top Games: LE <i>Red Solo Cup Water Pong!</i> 2:00 Scrabble Time in the Cafe 3:15 Musical Entertainment with L Wendee Glick &amp; Steve Heck</p>	<p>9:30 Dumbbell Exercises LE <b>23</b> with Amanda 10:15 Cooking Club with Amanda CR <i>Patriotic Deviled Strawberries</i> 2:00 Special P-A-R-I-S Bingo Game! LE 3:00 Men's Group with Mike CR 3:15 Saab Cinema Viewing: DR <i>"The Chosen" Series with Sr. Marilyn</i></p>	<p>9:30 Morning Exercises LE <b>24</b> <i>Drumfit Class with Laura</i> 10:15 Patriotic Riddles &amp; Stumpers LE 2:00 Resident Town Hall Meeting LE <b>**Residents Only!**</b> 3:15 Courtyard Reminiscing &amp; Snacks</p>	<p>9:30 Morning Exercises LE <b>25</b> with Amanda 10:15 Gardening Club with Amanda LE 1:30 Bus to Mass L 2:00 Art Therapy &amp; Music LE 3:15 Holy Communion with CH Sr. Marilyn</p>	<p>9:30 Morning Exercises LE <b>26</b> with Laura 10:15 Art Therapy with Billy LE <i>Summer Fun Shadow Boxes</i> 1:30 Outdoor Walking Club L 2:00 2024 Olympics Watch Party LE <i>"The Opening Ceremony"</i> 3:15 Tech Corner with Laura LE</p>	<p>9:30 Morning Exercises with Betty LE <b>27</b> 10:15 Cranium Crunches LE <i>Olympic Rings Mind Benders</i> 2:00 BINGO! DR 3:15 Backyard Olympics Extravaganza!</p>
	<p>9:30 Morning Exercises LE <b>28</b> 10:15 Hand Massages &amp; Manicures LE 2:00 Sunday Funday Social: LE <i>Outdoor Cornhole Competition</i> 3:15 Word Searches &amp; Puzzles: LE <i>French Words You've Borrowed</i></p>	<p>9:30 Morning Exercises with Betty LE <b>29</b> 10:15 Quiz Time! LE <i>Summer Olympics in Paris Game</i> 1:30 Outdoor Walking Club L 2:00 Resident Council Meeting DR 2:00 Giant Crossword Puzzles LE 3:15 July Random Trivia LE</p>	<p>9:15 Dumbbell Exercises LE <b>30</b> with Amanda 10:00 Health Chat with Kim LE from Amedysis <i>"Normal Age-Related Memory Loss vs Dementia"</i> 11:30 <i>July Seafood Boil</i> DR 2:00 Balance &amp; Agility Class C 3:15 Saab Cinema Viewing: DR <i>"The Chosen" Series with Sr. Marilyn</i></p>	<p>9:15 Morning Exercises LE <b>31</b> <i>Chair Yoga with Instructor Marcelle</i> 10:15 Bus Trip to Gate City Casino L 10:15 July Modern Jeopardy Trivia LE 2:00 Bowling to the Oldies LE 3:15 Mad Libs &amp; Snacks LE 6:00 Summer Concert Series!! L <i>Merrimack Valley Acapella Chorus Group</i></p>	 <p><b>JULY 2024</b></p> <p>"When we honor our flag we honor what we stand for as a Nation- Freedom, Equality, Justice and Hope." - Ronald Regan</p>		