

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>July Birthdays</p> <p>Mary R. 07/04 George S. 07/19 Janet K. 07/20</p> 	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Bulletin Board Refresh & July Gazette 1:00 Walking Club 2:00 Monthly Birthday Card Club 2:30 Afternoon Refreshments 3:15 Celebrating Canada! <i>Great Canadian Artists</i> 4:15 Sing-Along Chorus Time!</p> <p>Canada Day</p>	<p>9:30 Morning Gathering 10:00 Communion in the Chapel with Steve or Debbie 10:30 Morning Refreshments & Current Events 11:00 Dumbbell Exercises with Laura 1:00 Scenic Country Drive 2:00 Baking Club & Refreshments <i>Decorating Festive Cupcakes</i> 3:15 Whiteboard Fun & Games <i>Long Word, Short Word</i> 4:15 Junk Drawer Detective Puzzles <i>Summer Compromise Detective</i></p>	<p>9:30 Morning Gathering 10:00 Musical Ball Toss 10:30 Morning Refreshments 11:00 Bowling to the Oldies! 1:00 Walking Club 2:00 EZ Does It Activity <i>"Summer Days: Five Clues What Is It?"</i> 2:30 Afternoon Refreshments 3:15 Courtyard Reminiscing & Snacks 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Outdoor Gardening Club with Amanda 1:00 Walking Club 2:00 <i>Fourth of July Party!</i> 3:15 Guess that Scent! <i>Scents from the Outdoors</i> 4:15 Puzzle Mania</p> <p>Independence Day (US)</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Art Therapy <i>Olympic-Inspired Floral Arrangements</i> 1:00 Walking Club 2:00 Whiteboard Games: <i>List it or Leave it</i> 2:30 Afternoon Refreshments 3:15 Brain Busting Riddles 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Rosary on the TV 1:00 Walking Club 2:00 BINGO! 2:30 Afternoon Refreshments 3:15 Trivia Social Hour <i>July EZ Category Trivia</i> 4:15 Card Games</p>	
<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Mass on TV 1:00 Walking Club 2:00 Sunday Funday Social! <i>Outdoor Balloon Volleyball</i> 2:30 Afternoon Refreshments 3:15 Hand Massages & Manicures 4:15 Word Searches & Puzzles</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Good News Network Circle 1:00 Walking Club 2:00 Table Top Games & Refreshments <i>No-Air Air Hockey</i> 3:15 Giant Crosswords <i>Cows Are So Cute</i> 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Dumbbell Exercises with Laura 10:30 Morning Refreshments & Current Events 11:00 Travel Time Video: <i>Summer in Paris</i> 1:00 Scenic Country Drive 2:00 Balance & Agility Class with Amy 3:15 Whiteboard Fun & Games <i>List It or Leave it</i> 4:15 Junk Drawer Detective Puzzles <i>Laundry Day Detective</i></p>	<p>9:30 Morning Gathering 10:00 Musical Ball Toss 10:30 Morning Refreshments 11:00 Namaste Fit Time! <i>Chair Yoga with Instructor Marcelle</i> 1:00 Walking Club 2:00 Joe Malone Presentation over on Traditional 2:30 Afternoon Refreshments 3:15 Courtyard Reminiscing & Snacks 4:15 Sing-Along Chorus Time! 6:00 Bus Trip to Summer Concert Series</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Outdoor Gardening Club with Amanda 1:00 Walking Club 1:30 Bus Trip to Mass 2:30 Afternoon Refreshments 3:15 Guess that Scent! <i>Scents from the Garden</i> 4:15 Puzzle Mania</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Art Therapy <i>Chalk Pastel Fireworks!</i> 1:00 Walking Club 2:00 Outdoor Games: <i>Balloon Tennis</i> 2:30 Afternoon Refreshments 3:15 Brain Busting Riddles 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Rosary on the TV 1:00 Walking Club 2:00 BINGO! 2:30 Afternoon Refreshments 3:15 Trivia Social Hour <i>Testing Your French Trivia Knowledge</i> 4:15 Puzzle Mania</p>	
<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Mass on TV 1:00 Walking Club 2:00 Sunday Funday Social! <i>Cornhole Competition</i> 2:30 Afternoon Refreshments 3:15 Hand Massages & Manicures 4:15 Word Searches & Puzzles</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Good News Network Circle 1:00 Walking Club 2:00 Table Top Games & Refreshments <i>Jumbo Jenga</i> 3:15 Giant Crosswords <i>Panama Canal</i> 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Communion in the Chapel with Steve or Debbie 10:30 Morning Refreshments 11:00 Dumbbell Exercises with Laura 1:00 Scenic Country Drive 2:00 Crafting Refreshments: <i>Making Fruity Sunny Day Lemonade</i> 3:15 Whiteboard Fun & Games <i>Boggle</i> 4:15 Junk Drawer Detective Puzzles <i>Garage Project Detective</i></p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Bowling to the Oldies! 1:00 Walking Club 2:00 July Birthday Social ft. Mark Stanzler 2:30 Afternoon Refreshments 3:15 Courtyard Reminiscing & Snacks 4:15 Sing-Along Chorus Time! 6:00 Bus Trip to Summer Concert Series</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Outdoor Gardening Club with Amanda 1:00 Walking Club 1:30 Bus Trip to Mass 2:30 Afternoon Refreshments 3:15 Guess that Scent! <i>Scents from the Kitchen</i> 4:15 Puzzle Mania</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Art Therapy <i>Straw Star Door Decor</i> 1:00 Walking Club 2:00 Outdoor Games: <i>Splash Down Water Fun</i> 2:30 Afternoon Refreshments 3:15 Brain Busting Riddles 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Rosary on the TV 1:00 Walking Club 2:00 BINGO! 2:30 Afternoon Refreshments 3:15 Trivia Social Hour <i>Red, White and Blue Quiz</i> 4:15 Puzzle Mania</p>	
<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Mass on TV 1:00 Walking Club 2:00 Sunday Funday Social! <i>Ring Toss Games</i> 2:30 Afternoon Refreshments 3:15 Hand Massages & Manicures 4:15 Word Searches & Puzzles</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Good News Network Circle 1:00 Walking Club 2:00 Table Top Games & Refreshments <i>Red Cup Water Pong!</i> 3:15 Musical Entertainment with Wendee & Steve on Traditional 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Dumbbell Exercises with Laura 10:30 Morning Refreshments 11:00 Special P-A-R-I-S Bingo Game! 1:00 Country Drive to get Ice Cream 2:00 Balance & Agility Class with Amy 3:15 Whiteboard Fun & Games <i>Word Association Game</i> 4:15 Junk Drawer Detective Puzzles <i>Time Capsule Detective</i></p>	<p>9:30 Morning Gathering 10:00 Funny Short Stories 10:30 Morning Refreshments 11:00 Namaste Fit Time! <i>Chair Yoga with Instructor Marcelle</i> 1:00 Walking Club 2:00 Fluff & Fold Therapy 2:30 Afternoon Refreshments 3:15 Courtyard Reminiscing & Snacks 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Outdoor Gardening Club with Amanda 11:30 Backyard Patio Picnic! 1:00 Walking Club 1:30 Bus Trip to Mass 2:30 Afternoon Refreshments 3:15 Guess that Scent! <i>Aromatherapy Fun</i> 4:15 Puzzle Mania</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Nature Connection Visit! 1:00 Walking Club 2:00 Outdoor Games: <i>Mini Golf</i> 2:30 Afternoon Refreshments 3:15 Brain Busting Riddles 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Rosary on the TV 1:00 Walking Club 2:00 BINGO! 2:30 Afternoon Refreshments 3:15 Backyard Olympics Extravaganza! 4:15 Trivia Social Hour <i>July Random Trivia</i></p>	
<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments & Current Events 11:00 Mass on TV 1:00 Walking Club 2:00 Sunday Funday Social! <i>Ladderball Competition</i> 2:30 Afternoon Refreshments 3:15 Hand Massages & Manicures 4:15 Word Searches & Puzzles</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Resident Council Meeting 1:00 Walking Club 2:00 Table Top Games & Refreshments <i>Knights & Crosses</i> 3:15 Art Therapy & Music <i>Relief Butterflies</i> 4:15 Sing-Along Chorus Time!</p>	<p>9:30 Morning Gathering 10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Musical Balloon Toss 1:00 Scenic Country Drive 2:00 Baking Club & Refreshments <i>Making Olympic Ring Cookies</i> 3:15 Whiteboard Fun & Games <i>Trivia Tic-Tac-Toe</i> 4:15 Junk Drawer Detective Puzzles <i>The Best Intentions Detective</i></p>	<p>9:30 Morning Gathering 10:00 Musical Ball Toss 10:30 Morning Refreshments 11:00 Bowling to the Oldies! 1:00 Walking Club 2:00 Fluff & Fold Therapy 2:30 Afternoon Refreshments 3:15 Courtyard Reminiscing & Snacks 4:15 Sing-Along Chorus Time! 6:00 Bus Trip to Summer Concert Series</p>	 <p>JULY 2024</p> <p>"When we honor our flag we honor what we stand for as a Nation- Freedom, Equality, Justice and Hope." - Ronald Regan</p>			